

A group of five children are climbing a large, grey, layered rock formation. The children are of various ages and are wearing casual clothing. One boy at the top is holding a purple baseball cap. The children are looking towards the camera with expressions of concentration and joy.

NIAGARA ESCARPMENT *Views*

Formerly Escarpment Views

**Annual
Art
Focus:**

Lucille Weber,
Perivale
Gallery

**Laura
Secord's
Historic
Hike**

New column!
Where to eat

**Bruce
Trail
End to
End
by 5
Families**

**Quest for
Greig's
Caves**



Autumn 2013
(September,
October,
November)

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NIAGARA ESCARPMENT **Views**

Autumn 2013
(September, October, November)

On the cover: Bruce Trail, Niagara section.

PHOTO BY GREG COMAN.

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Relying on Your Responses

Much as we're sad to see our too-brief summer fading away, there's a lot to be said for the glories of autumn. It is many people's favourite season, with good reason. It's turning cooler, making for easier nights' sleeps. After a frost, the biting insects are finished, making for more enjoyable walks in the woods. The harvest is coming in, making for plenty of fresh, local produce to eat, bake or cook with.

Along the Niagara Escarpment, there is plenty to see, do and visit. This issue brings our annual look at art along the Escarpment, in time to whet your appetite for going on an artists' studio tour or two. Because Christmas is not far off, it could be the perfect time to stock up on a few special gifts.

We also have writer-photographer Chris Mills back, reporting on the 200th anniversary commemorations for Laura Secord's famous night hike over the wild Niagara Escarpment.

Greg Coman and Mary Baxter share their experiences of hiking the complete Bruce Trail from Queenston to Tobermory with their children and four other families. Our cover photo this issue, taken by Coman, shows some of the kids squeezing through some Escarpment rocks. These are the main stories we feature in this issue. There's more to discover and enjoy.

New Restaurant Directory

New this issue, we're introducing a directory of good places to eat along the Niagara Escarpment. We've started the column with some of our favourites, but we invite you to help us beef it up, pun intended! If you have a favourite place, or have discovered something new that other people should know about, send us your brief review.



We can add your name to it or leave it anonymous. We hope this becomes a useful insiders' list of great places to fill up on your travels.

Co-publishers Mike Davis and Gloria Hildebrandt with left, Giant's Rib Discovery Centre's president Chris Hamilton, and right, Ken Hall, past president, at the Giant's Rib Summer Solstice Celebration. PHOTO BY JOSH GORDON.

Your Notes & Letters

The letters and messages you send tell us how much you value what is presented here; see Readers & Viewers for how closely and for how long you pay attention to our efforts. We're honoured to have people engaging on a deep level with what's published, and commenting on content from two years ago! This is further proof that issues of *Niagara Escarpment Views* are being kept and referred to for years. How gratifying that our work is not being swiftly tossed in the recycling bin!

Enjoy the beautiful season of autumn near the Escarpment and keep letting us know what you think of our magazine.

Gloria

Gloria
editor@NEViews.ca

P.S. Keep wild spaces wild.



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or Niagara Escarpment Views, 50 Ann St.,
Georgetown ON L7G 2V2.



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Here are some of the latest additions:

- ▶ Niagara Escarpment Walks Near Hamilton
- ▶ Open Up Your Living Space with Screens
- ▶ Kids Day in Hamilton's Gore Park
- ▶ 5th Annual Cuisine Art at Alton Mill
- ▶ Tour the Natural World with Flora and Fauna Tours
- ▶ Civil War at Westfield Heritage Village
- ▶ Classics Against Cancer 26th Annual Car Show
- ▶ Protecting Coyotes at Eramosa Karst Conservation Area
- ▶ Niagara Escarpment Protection in New York





As a subscriber to *Niagara Escarpment Views*, I just received the latest copy. It is a stunning magazine. The content is solid and the centre spread is awesome. What a great Beaver Valley shot. Congratulations Gloria and Mike. The print medium sure has its advantages. Keep up the fantastic work.

Roy Maxwell, Burlington

In the past I occasionally picked up *Niagara Escarpment Views* for free at Foodstuffs where I like to shop. I don't feel good about this any more, because NEV is such a great magazine. From now on I want to pay. You are doing a wonderful job.

Monika Caemmerer, Acton



John and I want to thank you for the fine story and photo spread about Larkwhistle in NEV. You and Mike did an excellent job with photos and text, and I especially appreciate that you quoted my thoughts and words at length at the end of the article - not every publication is willing to put out a serious and strongly worded "message" about environmental deterioration, for fear of "upsetting" or "bothering" some readers. Anything that encourages people to appreciate any aspect of the natural world, such as the Escarpment, may also strengthen conservation measures.

Patrick Lima, Dyer's Bay

You did a wonderful job on the Larkwhistle article. John and Patrick were thrilled when we visited them on June 23rd. This garden will be missed by those who have been attracted by it for over 35 years.

Robert Patrick, Hopeness





Stories from the Kitchen Garden at Dundurn Castle

Written and photographed by Helen Powers

Readers have seen beautiful landscape photographs which tell stories from the past and show us how people lived here in different eras. One of the most famous is Dundurn Castle, a working garden built by Sir John Macdonald in the late 19th century. The garden was designed to be a place where people could see the life of the past. The garden was designed to be a place where people could see the life of the past. The garden was designed to be a place where people could see the life of the past.



1 The Kitchen Garden at Dundurn Castle. Dundurn Castle was designed to be a place where people could see the life of the past. The garden was designed to be a place where people could see the life of the past.



2 Helen Powers, a volunteer at the Dundurn Castle garden, looking at the garden's history.

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41 Helen Powers, a volunteer at the Dundurn Castle garden, looking at the garden's history.

42 Helen Powers, a volunteer at the Dundurn Castle garden, looking at the garden's history.

I am emailing you to get permission from Helen Powers to paint the beautiful photo that she took of the kitchen garden at Dundurn. I have never visited but am considering it this summer. I have been painting most of my life and want to paint everything I see - but once in a while something very special comes by and I really want to paint it then. This is one of them. Great article also Helen!

Diane Miller, Georgetown

Here is Helen's reply:

I am glad that you enjoyed both the article and the picture and absolutely, go ahead with your painting. The picture of the volunteer in the long dress costume was one of my favourites from the kitchen garden. She had such enthusiasm for her role and really appeared as though she were in the garden's original days.

Helen Powers, Hamilton

A few issues back [Autumn 2011] the centre spread waterfall was identified as "Kilbride Falls." I grew up less than five miles from the falls and have always known it as Cumminville Falls. I attempted to email you at the time but the email did not go through and I did not have time to do a follow up.

Bob Newell, Waterdown

Here's a response from Joseph Hollick, photographer of the photo:

Often waterfalls have more than one name due to property owner changes or change in names of areas or landmarks. The difficulty in finding the "correct" or "oldest" or "most common" name is that often there is no documented reference to the older names (no vintage postcard showing this waterfall or nothing comes up on a Google search). Thank you to *Niagara Escarpment Views* magazine for publishing the photo of this waterfall as someone reading it was able to produce the first documented reference to its older name.

Further research could be done to see if there ever was a vintage postcard, photo, map or letter referring to this waterfall as Cumminville Falls, however it does appear that this waterfall was located in what was known as the pioneer village of Cumminville in the mid 1800s. Therefore Cumminville Falls could be the oldest name with Kilbride Falls being the newest name, but not necessarily the most correct name.

Joseph Hollick

Editor's note: What do the rest of you call these falls? Kilbride, Cumminville or something else?

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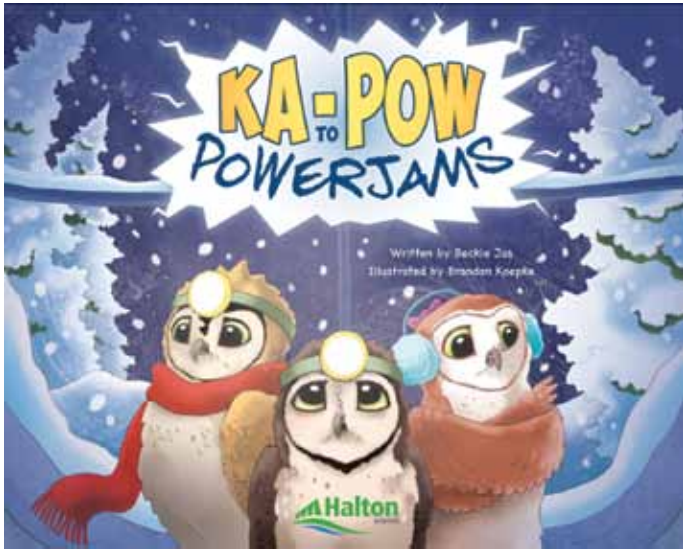
Spring 2013
 April Issue

We received a copy of a letter outlining eight points of concern regarding a review of the Aggregate Resources Act and two recent hearings in the Blue Mountain (Collingwood) area. The writer's note to us is:

I believe we should not allow any quarries in the Niagara Escarpment Plan area.

George Powell, Collingwood





Beckie Jas & Brandon Koepke Create 3rd Book on Climate Change

The team at Halton Region has published their third and final picture book about climate change and air quality. Suitable for children of four to eight years, the book continues with the barn owl characters from the first two volumes and introduces two northern birds. The story centres on a power failure and how to weather this kind of storm. At the back of the book are some fun enrichment exercises to involve young readers even more. An electronic version of the book is available to download for free at www.halton.ca/powerjams. The books are available in several different languages. Hard copies can be bought for \$11.90 + tax through 1.866.442.5866.

Should Students Learn a Third Language?

Ted Arnott, MPP for Wellington-Halton Hills, has asked the government to develop a strategy to have students learn a third language in addition to English and French. In an increasingly global economy, Arnott believes that communicating with people in other countries in their own languages will help Ontario residents compete and succeed.

PHOTO COURTESY OF TED ARNOTT



Sheridan Nurseries' 100th Anniversary

Sheridan Nurseries has achieved 100 years of being in business. They grow 1,200 cultivars of perennials and nursery stock on 350 hectares near Glen Williams in Halton Hills. Each year, 1.8 million plants are shipped to North American markets.

PHOTO COURTESY OF SHERIDAN NURSERIES





Thermacell Mosquito Patio Lantern

An attractive new patio lantern is said to repel mosquitoes from outdoor areas up to 4.5 sq. metres. There is no open flame, only a switch to turn on a provided butane cartridge that heats a provided repellent mat. One mat is good for about four hours while the butane lasts for 12 hours. Three mats are provided. Four batteries are needed to work the light, but the lantern repels mosquitoes without batteries. Available for \$39.99 from Home Hardware and other large chain stores.



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Events Along the Rock

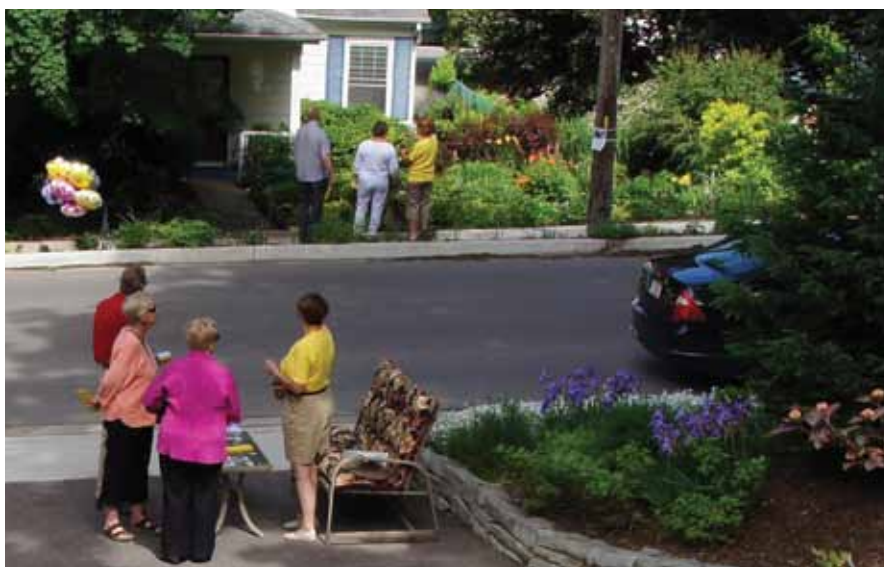
Please see www.NEViews.ca for more photos & listings!

Photos by Mike Davis except where noted.

The weekend of June 1 & 2 was the 200th anniversary of the Battle of Stoney Creek, commemorated at Battlefield Park. ►



▲ Summer was the season of garden tours. Dundas (above) held its "Secret Gardens" 20th Anniversary Tour on June 2 and Georgetown (right) hosted "Through the Garden Gate" on June 9. ►



From right: Brian Milne, mayor of Southgate, Justus Martin of Kountryroad Farm and Gary Gingras of Cedars of Lake Eugenia Cottage Resort, at the launch of the Horse and Buggy Trail in Holstein Park on June 14. Photo by Linda Reader. ►



◀ Georgetown Farmers' Market celebrated its 20th anniversary on June 8 with a cake created by Victoria Julien and a painting by Jan Zimmerman. Cutting the cake is Wendy Farrow-Reed, manager of Georgetown Central B.I.A.

The 38th Annual Georgetown Highland Games were also held on June 8. ▼



▲ High Flying Canines Disc Dog Club gave a demonstration of dog acrobatics and agility at Caledon Day in Caledon East on June 15.





Events Along the Rock

Giant's Rib held its annual Summer Solstice celebration and fundraiser on June 20 in Dundas. ►

Speaking at the launch of Cootes to Escarpment EcoPark at Royal Botanical Gardens on June 22, was the Hon. Ted McMeekin, MPP for Ancaster-Dundas-Flamborough-Westdale, whose riding includes Cootes Paradise. Photo by Josh Gordon, Coalition on the Niagara Escarpment. ▼



Michelle Bennett of BurlingtonGreen invited people to taste the variety of salad greens growing in the Central Park's Community and Victory Gardens on a tour held on June 23. ►





The summer version of A Taste of Burlington was launched at the Burlington Performing Arts Centre on June 25 with around 21 restaurants and food stations serving salad, mains and dessert on two floors. BurlingtonGreen organized the waste diversion plan. West Plains Bistro won the People's Choice award. ►

Eric Landman of Grand Valley participated in a drystone walling event in Alton on the Canada Day weekend. A park was created where some buildings had been demolished. ▼



▲ Gloria Hildebrandt, editor of *Niagara Escarpment Views*, waiting for families to arrive at the first Niagara Escarpment Festival, Biosphere Bash, held at Ball's Falls Conservation Area, Jordan, on July 7.



◀ South Grey Museum, Flesherton, received a federal grant to install a fully accessible washroom as part of the "Making Our Museum More Accessible" (MOMMA) Project. Having fun with the toilet paper roll ribbon-cutting ceremony on July 13 are from left, Bill Walker, M.P. for Bruce-Grey-Owen Sound, Wayne Fitzgerald, Mayor of Grey Highlands, Kate Russell, Manager of South Grey Museum, Naomi Norquay of York University and Larry Miller, M.P. for Bruce-Grey-Owen Sound.





Events Along the Rock



▲ On July 13, Arts on Ten in Flesherton hosted a day-long grand opening celebration of the gallery and quirky backyard Cuckoo Valley Garden filled with paintings and spectacular assemblages. From left, Anna-Maria Dickinson, Jennifer Stenberg and Holger Majorahn, the resident painters.



▲ Food and art combined in Cuisine-Art at Alton Mills Arts Centre, Caledon, July 19-21. One activity was chefs demonstrating cooking techniques. Funds raised will go toward rehabilitating Alton Millpond.



▲ A meeting of The Council of the Federation was held at Niagara-on-the-Lake for premiers and their delegations, July 24-26. Above, Council chair and host Premier Kathleen Wynne attended a reception at Niagara College on July 24. Photo courtesy of Queen's Printer for Ontario, 2013.

The 19th Annual Collingwood Elvis Festival was held July 25-28. Here on July 27, a tribute artist performs outdoors at a free concert on Hurontario St. ▼



View of Sustainable Gardening: Drought-Tolerant Plants



Written and photographed
by Sean James

Despite a wet spring and plenty of rain early this summer, the weather is becoming less predictable. Your garden will be better if you prepare for the most challenging weather. A xeriscape or drought-tolerant landscape will handle wet years as well. When we have to be careful with every last drop, there are alternatives to plants that need watering. Also, who wants to spend money when they don't have to, especially on something so unnecessary? Unfortunately, public perception needs to be adjusted first. Many of us believe that xeriscaping is boring, bordering on ugly and difficult. Peel Region has a new program called Fusion Gardening which aims to show people that beauty and drought tolerance can be married perfectly, while reducing maintenance.

Certainly there are many boring drought tolerant landscapes out there but that could be said of landscapes in general. With all the new, bright-flowered and bright-leaved varieties, (technically they're cultivars and, in botanical terms, varieties are something else) of plants available to gardeners, it's easy to create a stunning and eco-friendly garden that uses minimal water.

Deep Roots

The first and most important lesson is that drought-tolerant plants actually require more water during the first year of growth. Their root systems need to get deep into the ground to find the water and that takes time. Plant an Astilbe, which is by no means xeriphytic, and a couple of



Anise Hyssop, Black-eyed Susan and Purple Beech offer multiple seasons of interest without using much water.

weeks later it's as established as it's going get. It will, however, kick off during the first dry spell. Purple coneflower, (Echinacea), and blazing star, (Liatris), are very patient plants which grow slowly and carefully, hedging their bets against adversity. Some of these all-stars have roots which go down six feet into the soil in search of water.

Drought-tolerant plants include most of the ornamental grasses, most of the prairie plants and many shrubs such as Potentilla, junipers and ninebark. (If you think xeriscaping is a challenge, you should step inside my mind while I'm writing this and see how hard I'm trying to pick just the best plants from the giant list of options!)

Shade gardening is not a challenge. Just go for a walk in the woods some weekend in August. You'll find the ground is cracked and dry yet the plants are doing fine. Native ferns, grasses, Canada wild ginger, shrubs such as pagoda dogwood, and a host of others are, if you'll forgive the pun, right as rain. There are many non-native options as well such as Hosta, 4 o'clocks, Himalayan maidenhair fern, (*Adiantum venustum*) and, believe it or not, Yucca. They're all great candidates for a shady, low-water-use garden. With all that texture and foliage colour, your garden can be the most interesting on the street!

The big three most drought-tolerant shade plants are flowering raspberry,

(*Rubus odoratus*), Solomon's seal, (*Polygonatum sp.*) and big-root geranium, (*Geranium macrorrhizum*). They're pretty much bullet proof. If you find you're still having challenges, thin trees to let light and water into the garden. It's better for your trees as well since it lets air flow through, limiting disease infections and also reducing "sail" – the amount that the wind can push on a tree and damage it.

Keep Water In

Mulch! Mulchmulchmulchmulch!!!

Do I have your attention? The biggest thing you can do, beyond proper plant choices to reduce water use, is to mulch with at least two inches of rich organic matter. Composted pine mulch is the best. If you can't find it at your local garden centre, ask them to source it for you. In some areas, such companies as Less Mess can deliver it by the bag. Mulch keeps water in the soil and keeps the soil cool in the summer. It gets worked into the soil by worms and acts like a sponge to hold and slowly release moisture. It also promotes the growth of mycorrhizal fungi, which help plants take up water and cool themselves. Nuff said?

This subject could be a whole course, never mind a column. The point is to get gardeners thinking about all the options available. Still, don't get too stressed. Just try a little bit at a time and have fun with the learning curve. Gardening is supposed to be a hobby and a meditative one at that. Enjoy. **NEV**

Contact Sean at 905.876.4852, sdjames@on.aibn.com, on Twitter @seanfernrIDGE or at the Fern Ridge website (www.fernrIDgelandscape.com) under education in the general forum.



Laura Secord Beats Paul Revere Hands Down

Written and photographed by Chris Mills
except where noted.

Just over 200 years ago, a 37-year-old wife and mother of five began a gruelling 20-mile walk through mosquito-, wolf- and snake-infested territory across the Niagara Escarpment. She did it with full knowledge that the invading army she intended to foil, patrolled those roads and pathways she avoided, with full intent to execute her on the spot should they learn she were a spy. Paul Revere has nothing on Canada's Laura Secord.



● The ruin monument DeCou House, also known as DeCew House, in Thorold. This was Secord's destination on her historic hike across the Niagara Escarpment in 1813. PHOTO BY MIKE DAVIS.



Walking over the Niagara Escarpment isn't for wimps. Wearing cloth slippers and a long gown, Secord would have had a difficult time scrambling up and down the Escarpment and could easily have lost a shoe, leaving her barefoot, as legend has it. ►





● Laura Secord Homestead in Queenston where Secord lived between 1803 and 1835 with her husband and seven children.



▲ Map showing Laura Secord Legacy Trail (33.4 km), starting in the east at Laura Secord's homestead (●) and wending indirectly to DeCew House in the west (●). The map was created by Lori Steglinski and Leah Bercovitch of Niagara College, who marked the trail (yellow line) on an aerial photograph from Niagara Region. Map courtesy of Friends of Laura Secord.



Secord successfully reached her destination at DeCew's House to warn the British officer that more than 500 American soldiers were behind her with plans to surprise and capture them with cannon and mounted dragoons.

It's a harrowing story that today is mixed with myth and legend, replete with stories, novels, dramatized re-enactments, scripts and memorials. Yet 200 years ago, few were privy to, let alone celebrated, her role in what certainly contributed to the salvation of Canada.

Hailing from Massachusetts, Laura Ingersoll at 19 years old moved to Queenston on the Niagara River with her family in 1795. Laura later met shop owner James Secord through one of her father's Freemason meetings. They married, and over the next 20 years parented seven children.

Besides raising a family in a war zone in volatile political times, Laura demonstrated her staunchness in 1812 when her husband suffered musket balls in his shoulder and knee at the battle of Queenston Heights. Left among the dead and dying,





▲ Some of the 1,000-plus people who took part in commemorative hikes on the Laura Secord Legacy Walk, June 22. The Trail includes parts of the TransCanada and Bruce Trails.

Laura Secord Beats
Paul Revere Hands Down

he lay until Laura climbed the Escarpment and arranged for someone to carry him to their ransacked and ruined home.

She saved him a second time by nursing his wounds instead of allowing the army surgeons to amputate his limbs and likely die by bleeding to death or by infection, both common outcomes at the time. He lived

another 29 years.

Nine months later, the Americans were in occupation of Fort George in Niagara, now Niagara-on-the-Lake, then the capital of Upper Canada. The British had been pushed back to Grimsby on Lake Ontario. However, Lieutenant James Fitzgibbon held an outpost at DeCew's house south of today's St. Catharines from where he, a native force of 400, and his band of 50 hand-picked



▲ In Secord's time the Black Swamp was located where Niagara College, above, is now. To avoid the roads, Secord managed to follow Native trails through the swamp.





▲ The Laura Secord Legacy Trail leads over QEW on this special footbridge.



▲ Holy Trinity Church, Chippawa, south of Niagara Falls, was founded in 1820 and had the current brick building constructed in 1841. Secord attended this church, and now her original gravestone is mounted inside the church after a monument to her was put in Drummond Hill Cemetery in 1901.

men relentlessly harassed and tweaked the noses of American patrols.

The Trek

On June 21, 1813, the Secords overheard American officers, who had commandeered the Secord household for dinner, discussing the attack and capture of Fitzgibbon and his men.

Laura left the following morning before sunrise.

In order to disguise her intent, she dressed for a typical morning in a homestead, with flat-soled ballet-style slippers and a light dress over a petticoat. She explained to the sentry that she needed to milk the cow, then, leading it to the hedge, left it there to shield her furtive departure.

She trekked up and over the Escarpment to her sister-

Continued on page 34 ►

NIAGARA
ESCARPMENT
Views





Passion for Art

Written by Gloria Hildebrandt Photographed by Mike Davis

Lucille Weber reflects on how she used to have a little shop in Inglewood that carried her paintings along with other people's works. "One day, this 'art god' came into the store," she continues, "and said 'I really like this painting.' It was a little abstract floral of mine, priced at around \$150. He said 'I just want you to know I collect early paintings by Canadian artists. Keep painting and don't listen to anyone else.' I thought this is my calling. I went home and told my husband 'I'm closing my shop and I'll spend the rest of my life painting.' My husband just said 'What took you so long?'"



◀ Lucille Weber at home on her patio during Art in the Garden, with one of her three dogs.

▲ With her great eye for colour combinations, Weber places her art in striking positions throughout her garden during her shows. Here, her work "Spring Has Sprung" hangs on the old red-roofed shed next to fire-engine-red geraniums.

The Niagara Escarpment seems to attract visual artists like a magnet. There's something about the charming communities so close to the nature that looms nearby. The space for buildings, barns and sheds for studios, shops and galleries. The

affluent market that is drawn to rural properties as primary or secondary residences, able to buy art. The endless inspiration from field, forest, rock, water and human activity. Many artists, like Weber, have put down roots near the Escarpment and dedicate their lives to their

vocations. This is our annual look at them.

Weber's origins are in rural Bruce County. Her website lucilleweber.com tells the life-changing story, of how at eight years of age, she discovered old paints in the attic and used them to create her first work, which

she keeps in her Alton Mill studio to show visitors. It's a very good, realistic little painting of a horse.

Now her work is abstract, often large pieces of colourful, bold applications of paint. In addition to acrylics, she will use inks, charcoal,

gels, rubbing alcohol, even grit. She may also gouge the paint with tools. Paint may be applied thickly for texture, making the works what she calls “juicy.”

Art in the Garden

At first glance her works might be startling, assertive, even aggressive. Certainly intense. Yet despite her heavy and generous use of paint, her colour combinations are gorgeous. There is often a sense of bright light coming out of the pieces. She sometimes hosts shows and sales in her Inglewood garden, and her careful positioning of her works point out both her inspiration and palette choices.

It's astonishing that what at first glance looks like a free expressionistic application of paint, settles into looking like a landscape or a natural pond or flowers in a garden. While her art may be like nothing you've ever seen before, a look round her beautiful, mature garden reveals that she paints what she sees. She will dispute that she's painting directly from nature, saying she doesn't have a plan when she begins, doesn't start with sketches or photographs.

“I don't think as I'm doing it,” she declares. “There is a time when I edit and stop, but I really only paint for me.” She paints freely, doing what she feels like doing. While rubbing off some

Painting is about feeling, not thinking for Lucille Weber. Here she takes off some paint from a work in progress, her hands moving without her looking. ►

Demonstrating how she uses a wooden stick to carve into thick wet paint, Weber reveals “The hairs stand up on the back of my neck because I think I've done this before. On cave walls. I'm doing what I'm meant to be doing.” ►►



▲ In her second-floor studio in Alton Mill, Weber works on a few canvasses at a time, and arranges private, fun workshops for anyone interested.



paint in her Alton Mill studio, she doesn't even look at the piece.

No-Risk Commissions

Weber will take commissions for work, but with a difference. She doesn't paint portraits or specific scenes; she only wants to know the desired size, colour palette and an idea of pieces of her work that the clients like. She also won't work to a deadline. Instead, she will paint a few pieces, take them to the clients and leave them. If the clients don't want any of them, it's no problem.

"It's an honour when someone sees something that touches them and they want it in their home," she says.

Play With Paint

Weber also offers art workshops for everyone, no talent or previous knowledge required. She will schedule a morning session for anyone interested, and will provide all materials and the encouragement to play freely with paint, teaching what she knows.

Perivale Gallery

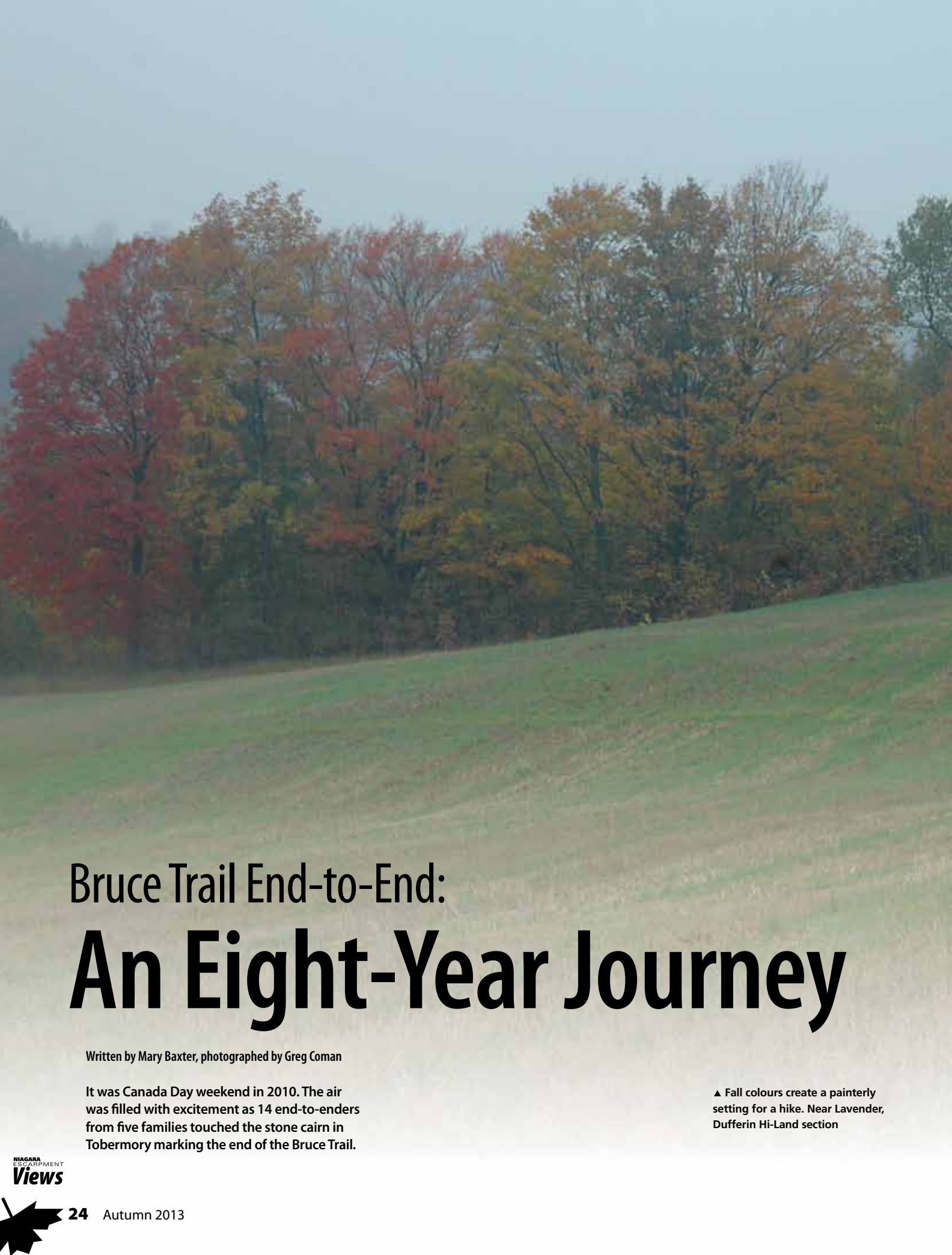
At the northern curve of the Escarpment, Perivale Gallery near Spring Bay, Manitoulin Island carries the work of 57 artists and artisans. With its roots going back to 1981, the gallery was begun by Sheila and Bob McMullan at

Continued on page 38 ►



▲ Weber's paintings capture the lush colours and shapes in her beautiful backyard garden.





Bruce Trail End-to-End: An Eight-Year Journey

Written by Mary Baxter, photographed by Greg Coman

It was Canada Day weekend in 2010. The air was filled with excitement as 14 end-to-enders from five families touched the stone cairn in Tobermory marking the end of the Bruce Trail.

▲ Fall colours create a painterly setting for a hike. Near Lavender, Dufferin Hi-Land section



Our eldest daughter Briar was in grade one when we decided to do an eight-year project with several families and complete the 850-km Bruce Trail. On a cold snowy day in January 2003, 24 hikers ranging from age three to adult, headed off from Smokey Hollow in Waterdown on a four-km inaugural hike to Kern's Road. Luckily we ended our hard work enjoying thermoses of hot chocolate with marshmallows.

At the time, we couldn't imagine the 20-km hikes we would accomplish several years down the road!

Hiking the trail with other families provides community and experiences not easily found in today's fast-paced world. Persevering through a tough hike really does build character, as in the sleety November near Kemble Mountain Management Area in Sydenham Club, when a

farm lane flooded with rain and melting snow. We had to finish our long hike walking three km in ankle-deep icy water. A pair of dry socks waiting in the car is a good rule for every hike.

Thankfully, these tougher hikes were few and far between. Generally, the weather was reasonable and the trail provided lots of fun. Fallen logs, rocks, snowdrifts and bridges over creeks make the trail one big playground

when children are along. This brings out the child in all of us. It does require a slightly different mindset to remember the journey is as important as the destination. Discovering a friendly horse or an ice cream stand is like finding a treasure along the way. Once as we approached Owen Sound we came upon a summer ice cream store beside the Centennial





▲ "This is going to take a while." Near the south terminus in the Niagara section

Celebration on the trail to honour a new Canadian citizen, Forks of the Credit, Caledon Hills ▼

Tower. This was a double bonus, enjoying a cone while climbing the 31 steps for a wonderful view. Luckily for us, some concerned citizens had saved the tower from demolition and reopened it after renovation in 2000.

Getting Lost

Mistakes have become our favourite stories. Once we were so busy chatting as we began a nine-km hike from Short Hills Park to our accommodation at Brock University residence that we headed off in the wrong direction. We stopped at Louth Conservation Area 20 km from our intended destination. At first this seemed a catastrophe. However, it was a beautiful May afternoon and while a couple of adults hitched a ride to our nearest car, we enjoyed



the sunshine watching the children play in Sixteen Mile Creek. In the end, the day was idyllic and we've laughed about it ever since.

The slower pace of walking the Escarpment provides a wonderful sense of Ontario's



▲ Finishing our first four km, Smokey Hollow, Iroquoia section

Newly fallen snow curtains a flooded trail. Near Dodds Road, Sydenham section ►

landscape. Every step of the way uncovers some aspect of science, history, geography or culture. Whether walking through the historical Iroquoian Village at Crawford Lake in Halton, running down a ski hill in summer at Beaver Valley or spotting an elusive fisher close to Cape Chin, the variety is exceptional. The natural landscape includes such features as bogs, boulder beaches, open meadows and several types of forests all against the backdrop of the four Ice Ages that shaped the trail. It is especially satisfying to share this magnificent heritage with children.

Pleasures

Occasions such as birthdays, when a squished cake would appear from a backpack, were





▲ Off the beaten path, near Speyside, Toronto section



a delight and there was always something to celebrate. One January during minus 28C temperatures we stopped in Forks of the Credit Provincial Park to celebrate a member who had just become a Canadian citizen. There were maple leaf cupcakes and mini Canadian flags for all. Another highlight was a short carefully planned full moon night hike around Lion's Head. It held power, mystery and a feeling of real adventure. There are so many interesting and exciting ways to experience the trail with other families; it is only limited by the group's imagination and a bit of pre-hike research to see what the area has to offer.

On hike days, ushering the entire family out the door with the right gear to meet other families at a trail head in the middle of nowhere, or

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NIAGARA
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Views





Publishers' Diary: Greig's Caves

Photographs by Mike Davis Written by Gloria Hildebrandt

Time for a confession. I really like the 1980s' film *Quest for Fire*: the tribal relationships, the created languages, the woolly mammoths, the cannibalism, the fire making, the vast scenery of untouched nature. And Mike likes caving. He has explored underground networks of caves since 1983, in Australia, Canada, the U.S., Mexico and Cuba. For many years, he was a member of the Toronto Caving Group and the National Speleological Society in the U.S. When we learned that Greig's Caves near Lion's Head was the location for some of the scenes for *Quest for Fire*, both our interests came together. It was natural that we should check them out.

A shaft of sunlight probes a cave entrance,
showing rock fall that resembles steps. ►



▲ Gloria at one of Greig's Caves,
dwarfed by massive rocks.



The truth is that it's impossible to tell which of the 10 caves were used for the movie, and while the caves are fascinating, they don't offer much for the true caving enthusiast used to vast underground openings.

"The caves are showy, with spectacular entrances but are generally shallow," is how Mike describes them. For the general population which doesn't know much about caving, these are an impressive introduction to large, accessible caves. They look like one-room chambers suitable to live in. The Flintstones would be right at home here. One cave even has what looks like a window beside the front opening!





▲ Greig's Caves, although shallow, invite exploration.

We've heard that some readers keep our issues for reference for when they travel through the Niagara Escarpment, deciding to visit places we've featured. For this reason we should be clear that you have to be fairly fit to see the caves. They're at the end of a trail through Escarpment woods, which takes about an hour to walk. You must sign a waiver first. Hiking boots or running shoes are required. Walking sticks are offered and are good to use. There is a well-worn path all the way to the caves and right past them, but it is naturally uneven, rocky and steep in places. The rocks may also be somewhat slippery. Exploring

these caves is a mild workout.

It is also challenging to move around inside the caves, because the "floors" are covered with rock fall. Some are large boulders while others are smaller with sharp edges. Some rocks wobble underfoot when you put weight on them. This is not meant to discourage you from experiencing the interior of the caves, which is cool, quiet and sheltered. And as some of Mike's photos show, the views from inside the caves looking out, can be unforgettable.

This is likely an ancient cedar clinging to life on a cliff face. ►



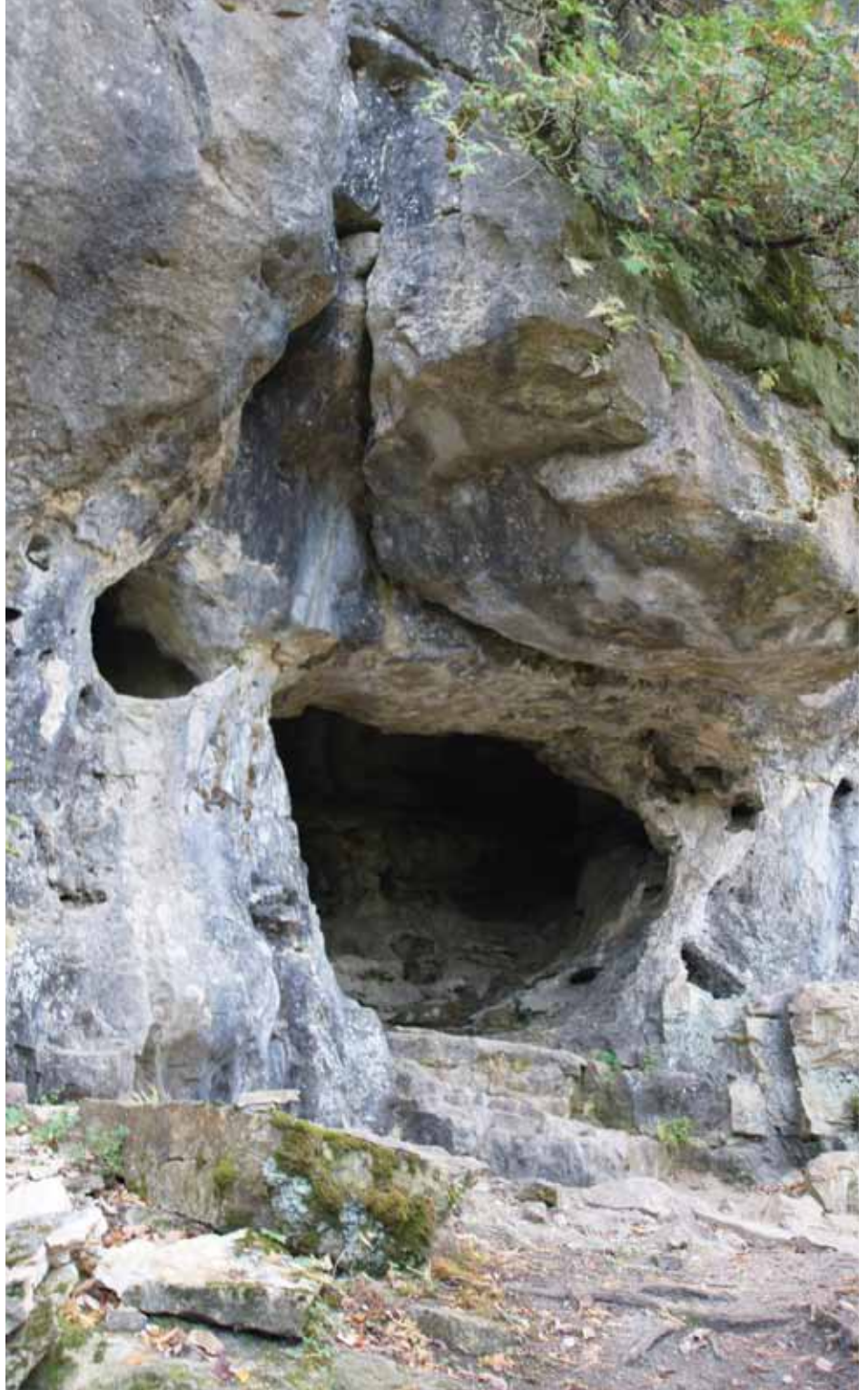
How They Were Formed

For information about how the Escarpment came to be, we can find no better reference than Dr. Walter Tovell's 1992 book *Guide to the Geology of the Niagara Escarpment*.

Describing Greig's Caves, Tovell writes "The wave-cut of 'sea caves' are above the shore of Barrow Bay. They were formed by waves in Proglacial Lake Algonquin... The rock is Amabel dolostone." This sent

me looking up his explanation of Lake Algonquin.

"The Great Lakes formed from the melting of glacial ice beginning about 14,000 years ago," he writes. "As the ice receded, the lakes went through a series of stages. About 11,500 years ago, a huge lake, known as Proglacial Lake Algonquin, covered much of what is now southern Ontario. As the ice receded, new outlets were



opened, and Lake Algonquin drained away, leaving low level stages in the Huron and Georgian Bay Basins. These were followed by the Nipissing Great Lakes... These waters partially flooded the Bruce Peninsula."

In other words, the waves of ancient lakes wore

◀ **Flowstone formations can be seen at the inside walls of some of the caves.**

▲ **"Fred Flintstone's house" with a window beside the entry.**

away and eroded the softer rock formations of previous shorelines, leaving caves high on the Escarpment bluffs today.

Flowstone

Some of the cave "walls" show unusual rock formations as if the rock had melted and

Continued on page 46 ▶

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Laura Secord Beats
Paul Revere Hands Down
Continued from page 19



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in-law's grist mill, where she met her niece who would join her for passage through the Black Swamp, which is now the Glendale Campus of Niagara College, over the river that's now the Welland Canal, and through sweltering thick forest to Twelve Mile Creek, from where she continued alone.

Laura pushed south, climbed over the Escarpment once again where at twilight she stumbled into the camp of Fitzgibbon's native force. They leapt to their feet and started whooping at the sight of her. Fortunately, they escorted her to DeCew's house where she next had to convince Fitzgibbon she wasn't an American spy.

The Victory

In the early morning of June 24, the Mohawk and Kahnawake natives prepared a series of ambushes for

the approaching column of Americans within the woods around Beaverdams in Thorold. They attacked, harried and whooped until the invaders were utterly terrified of being scalped alive. Finally, British Lieutenant Fitzgibbon approached them with a white flag and persuaded the Americans to surrender 462 officers and soldiers. This action precipitated the eventual withdrawal from Niagara of the American forces.

So why did Laura and her family continue in relative obscurity and financial hardship for the next 48 years, given that both her husband's store and their homestead had been ransacked during the war?

Local historian and author David Hemmings explains, "The problem was that she was a woman, who don't fight in wars. She was a civilian, who don't fight in wars. And she was a spy, whom countries don't talk about ... ever."

Hemmings has written seven books of local history as

The trail passes through the Screaming Tunnel, so called because legend says the screams of a little girl who died in a house fire nearby can be heard if you strike a match here at midnight. ▼



well as lectured to historical societies.

It wasn't until 1860 that Laura Secord heard of a document to be signed by all surviving Niagara soldiers of the 1812 War and to be presented to the Prince of Wales upon his visit to the new Brock Monument that year.

"She marched right up there, demanded to be allowed to sign it, and wouldn't leave until they did," says Lauren Kemp, 22, a Laura Secord Homestead guide and English/history education student at Brock University. "When the Prince saw her name, he quietly arranged to meet her. When he returned to England, he sent her 100 pounds gold, about \$5,000 Canadian today, for her services to the Crown."

The Legacy

Today the Canadian government recognizes as bonafide heroines of Canada only Laura Secord and 14-year-old Madeleine De Vercheres, who in 1692 defended her fort against repeated Iroquois attacks.

The Friends of Laura Secord, founded in 2010, now presides over her memory with a Legacy Trail. In a turn of historical significance, the president is Caroline McCormick, Laura Secord's great-great-granddaughter.

"The remembrance is her continuing story of courage, determination and perseverance," says McCormick. "We hope we made her proud of our initiatives."

Unquestionably, says Hemmings. "They've really done an extraordinary job recreating the trail Laura could have taken," says Hemmings, the Friends's official historian. "By laying maps from 1813 over today's maps of the region, they've managed to create a path that is probably within a couple 100 metres of where Laura actually walked."

Commemorative medallions, postage stamps, numerous namesake schools

Continued on page 36 ►



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War of 1812



Laura Secord Beats
Paul Revere Hands Down

▲ These gravestones for Laura and James Secord were moved to Holy Trinity Church, Chippawa. This was the town where Laura lived out her final years. The inscription for her reads "Here rests Laura. Beloved wife of James Secord. Died Oct. 17, 1868. Aged 93 years."

Canada-wide in her honour, a statue in Ottawa and a monument in Niagara Falls are all testimony to a woman whose bravery 200 years ago deserves remembering by Canadians. Paul Revere, you've met your match. **NEV**

Chris Mills is a Niagara-based writer and photographer who can be reached at chrismills.ca. His "Who Was Sir Isaac Brock?" was published in Escarpment Views, Autumn 2012.

Another War of 1812 feature is "DeCew's House of Heroes" by Adam Shoalts, Winter 2011.

The Laura Secord Experience

Laura Secord Legacy Trail

Created for the 200th anniversary commemorations. The 32-km trail now starts at Secord Homestead, Queenston, climbs the Niagara Escarpment, passes over QEW on a special footbridge, goes through the Screaming Tunnel, to Niagara College, through south part of St. Catharines, crosses Twelve Mile Creek on a bridge specially built for the Trail, where Secord may have crossed on a fallen log, climbs the Escarpment again, ends at DeCew's House near Beaverdams reservoir. Can be completed in about eight hours now instead of the 16 hours it took Secord. More than 1,000 people participated in the June 22 Commemorative Walk, including Prime Minister Harper's wife Laureen Harper and TV personality Valerie Pringle.

Laura Secord Homestead, Queenston

The Laura Secord Chocolate Company bought and renovated the Homestead in 1971. It is now in the hands of Niagara Parks. There is also a gift centre with books on Laura Secord, Laura Secord chocolates and ice





▲ Commemorative monument over Laura and James Secord's graves at Drummond Hill Cemetery in Niagara Falls. Raised by the Ontario Historical Society in 1901, it is adjacent to the Lundy's Lane Battle memorial.

cream. Open to Thanksgiving, 10-5 Wed. to Sun. Open again for a Christmas weekend.

Drummond Hill Cemetery, Niagara Falls

Burial place of Laura and James Secord. A memorial is beside the Battle of Lundy's Lane memorial.



Holy Trinity Church, Chippawa

Attended by the Secords until the end of their lives; location of two original gravestones from their gravesite.

Greetings from H.R.H. Charles, Prince of Wales

View his video at friendsoflaurasecord.ca. His great-great-grandfather met Secord 153 years ago.

◀ Lauren Kemp, student at Brock University, inside the Laura Secord Homestead. All artifacts are between 150 and 200 years old.



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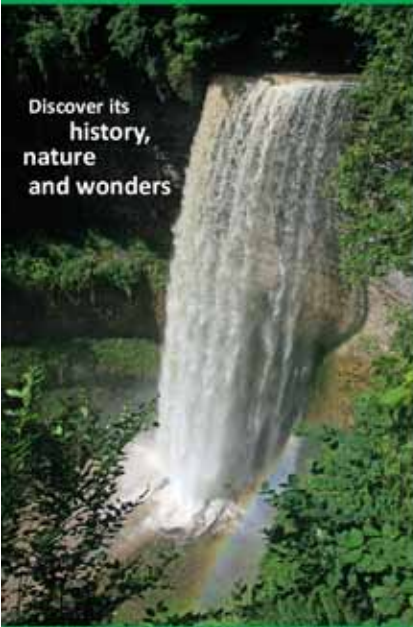
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Passion for art ►

Continued from page 23

their cottage on Lake Kagawong. A large addition now displays selected original art for every taste and budget. Many Manitoulin Island artists are represented, as well as artists celebrated in their own regions of Ontario.

"Over the years, we have loved to encourage young artists and artisans in whom we see great potential," adds Shannon McMullan, daughter of the founders and now the gallery owner, "such as Laurie Near, Tammy Shane, Anne-Marie Chagnon, Laurie Sponagle, Tyler Fauvelle, Matthew Church and others."

Perivale is known for its extensive collection of the works of Manitoulin artist Ivan Wheale.

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Shannon McMullan is continuing the gallery developed by her parents Sheila and Bob McMullan. ►





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**Perivale Gallery represents 57
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McMullan notes "his extraordinary depictions, in high realism, of rugged Georgian Bay shores and bucolic Manitoulin rural scenes. Ivan's passion for Manitoulin glows from within each work."

The works of artists at Perivale are exclusively available on Manitoulin Island at the gallery. And people have discovered this lovely place in the woods, for according to tripadvisor.ca, Perivale is ranked as number three out of 371 locations in their category "shopping in Ontario."

McMullan emphasizes that "the vision my Mom, Sheila, had for Perivale will continue with the passion she inspired, continuing the gallery's fine reputation for displaying a large variety of artistic works of exceptional quality. I am so grateful to have had the past three years of apprenticeship under her loving guidance to ensure a seamless transition and wonderful new beginnings as we head forward."

Workshops

Perivale hosted six workshops for artists over this season, including on the topics applying classical colour theory, transparent watercolour and glazing, assemblages in mixed media and textures in acrylics.

"Next year we hope to extend that to eight to 10 workshops," says McMullan. "Making Manitoulin Island and ultimately Perivale Gallery a destination for experiential tourism through art education has been a long-standing goal." **NEV**

**A wide variety of media is available at
Perivale. New works arrive frequently. ►**

**Every inch of Perivale Gallery displays
creative artistic works. ►**

For other artist features, see these
in Escarpment Views:

- "Our Annual Look at Artists," Autumn 2012
- "Robert Bateman on Development," Summer 2012
- "Robert Bateman: Spokesperson for Nature," Spring 2012
- "Touring for Beauty and Creativity," Autumn 2011
- "Autumn Colour: Touring for Artists' Studios," Autumn 2009
- "The Creative Hands of Benitta Wilcox," Autumn 2008
- "Brigitte Schreyer: Continuing the Artistic Tradition," Winter 2008





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▲ Discovering a friendly horse is a welcome distraction. Near Pretty River Valley Provincial Park, Blue Mountains section

A reflective moment, overlooking Marr Lake, Peninsula Section ▼



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▲ A creek crossing during spring runoff, near Griersville, Beaver Valley Section



so it seems at the time, can feel daunting. But it is worth it. After hiking, everyone is happier and more connected than before.

With Bruce Trail guide in hand and a few other families, you can start to plan your own end-to-end hike. In general, it's good to commit to one consistent monthly hike. Living around the Golden Horseshoe, we began with day hikes toward Niagara and then hiked north. As well, several weekends a year, we worked through more northerly sections which required an overnight stay. These away weekends were a favourite for everyone. Accommodations included camping, hotels and sharing a house either rented or through a friend network. Post-hike exploring was as much fun as hiking the trail, whether it was finding the campground pool or a local

Continued on page 44 ►

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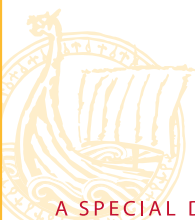
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▲ The Wenders (Waldorf end to enders) with Meisje, our canine escort, enjoying a spring day near 30th Sideroad, Dufferin Hi-Land section

◀ One of the many geological wonders along the Bruce Trail, between 10th Concession and Harrison Park, Sydenham section



▲ Greg Coman and Mary Baxter

Mary Baxter (borntomove.ca) teaches Nia Holistic fitness in Halton Hills and is currently writing an interactive hike planner for hiking with children. Greg Coman (gregcoman.com) is president of the Halton Hills Camera Club. His images have appeared in several publications including WestJet magazine, the Bruce Trail Magazine, Sideroads of Halton Hills and the Winter 2012-3 issue of Niagara Escarpment Views. They live in Georgetown with their two daughters and are currently hiking the Grand Valley Trail from Alton to Lake Erie.

restaurant.

It's important to remember people hike for different reasons. This is especially true in family hiking groups. A little communication and flexibility ensures these different goals create a strong and interesting group with lots to share.

In the end we finished our hike two weeks after the grade one class had their grade 8 graduation at the Halton Waldorf School. Our youngest daughter Tess had just turned 13. While five families logged 97 hikes for an official end-to-end badge, many others participated over the years.

Once you have hiked the Bruce with its ups and downs, you have pretty much revealed both your strengths and challenges. Luckily, so has everyone else. It may sound like a cliché, but as we walked this journey along the Escarpment we were also travelling toward lasting friendships and a deep gratitude for what we have here in Ontario. **NEV**

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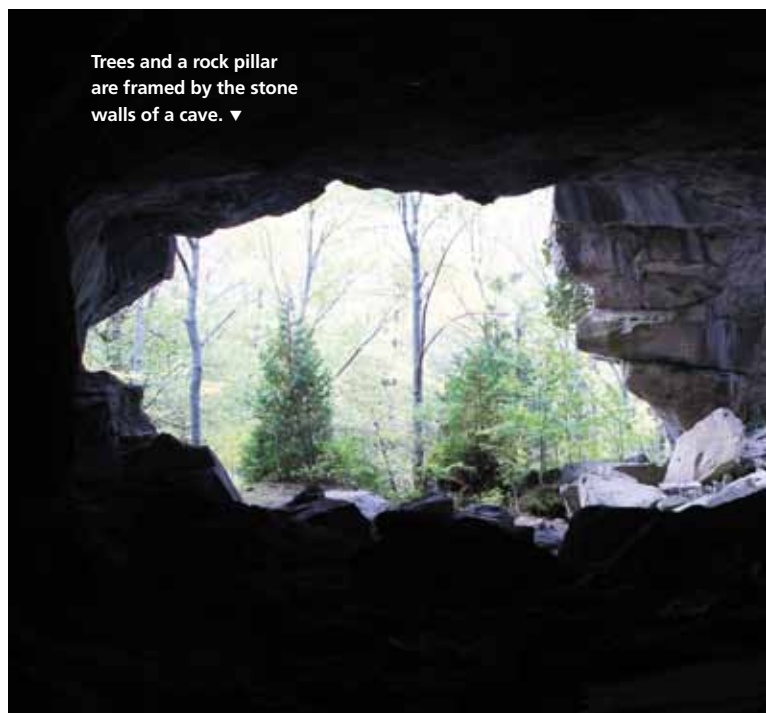


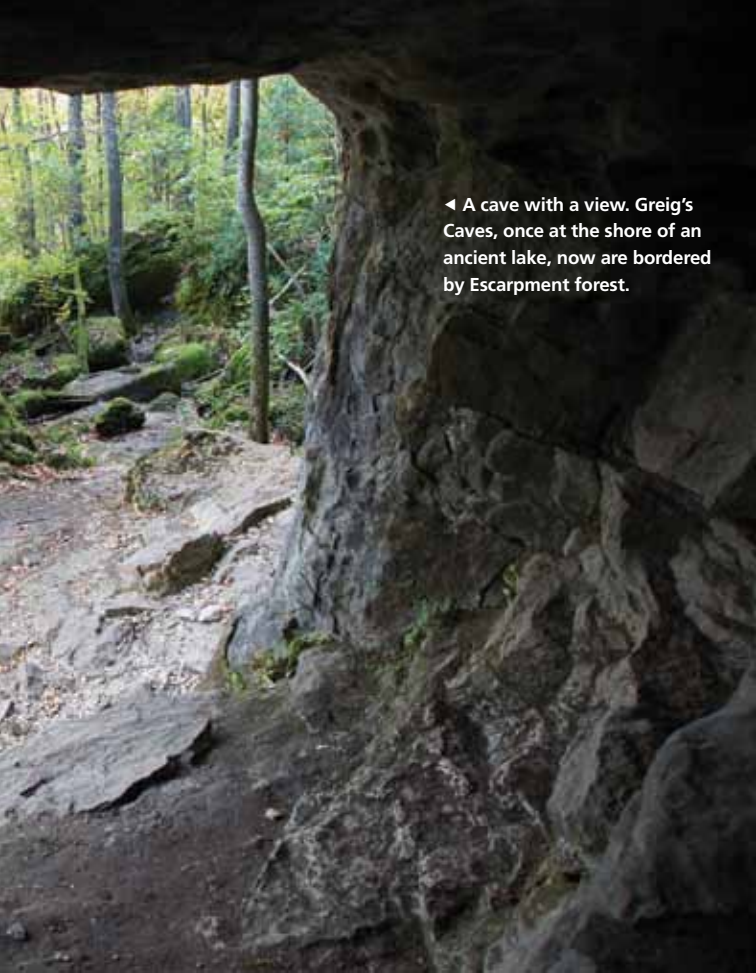
hardened again. These are called flowstone.

"Flowstone starts with acidic groundwater flowing through cracks in the overlying limestone rock," says Mike. "It dissolves some of the calcium carbonate (CaCO₃) in the rock, then flows further down and in some cases pops out to cave walls or ceilings. Once in

the air the groundwater releases some carbon dioxide gas. Becoming less acidic, the water becomes super-saturated forcing the CaCO₃ to precipitate out as solid rock or other speleothems, which are cave formations. This can take a very long time in some cases. They can be very delicate and can be damaged if you even touch them."

Trees and a rock pillar
are framed by the stone
walls of a cave. ▼



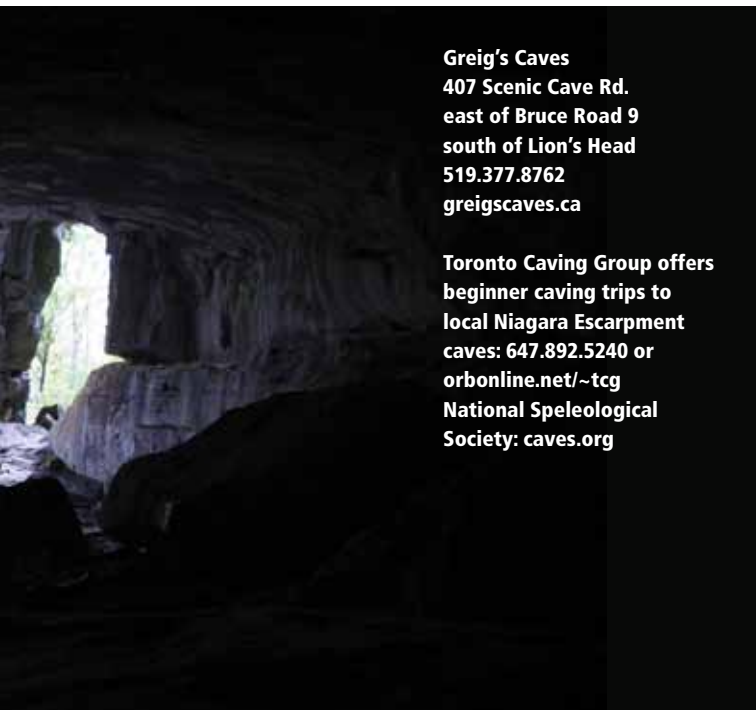


◀ A cave with a view. Greig's Caves, once at the shore of an ancient lake, now are bordered by Escarpment forest.

Mike goes on to explain "What fascinates me about caves are their ancient ages, lives measured in geological time frames coupled with incredible fragility where the slightest touch or a single breath can break a speleothem and change it forever."

Give yourself a good couple of hours to enjoy this excursion. **NEV**

For more about local caves, see our feature "Beginner Caves on the Escarpment," photographed and written by Mike and me, December 2008.



Greig's Caves
407 Scenic Cave Rd.
east of Bruce Road 9
south of Lion's Head
519.377.8762
greigscaves.ca

Toronto Caving Group offers beginner caving trips to local Niagara Escarpment caves: 647.892.5240 or orbonline.net/~tcg National Speleological Society: caves.org

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EATING Along the Niagara Escarpment

*May We
Suggest...*



The larger towns along the Escarpment all have several popular large chain restaurant options. Sometimes, the tried and true is exactly what you want if you have kids, or had a hard day's hiking, biking, climbing, kayaking, or just shopping or touring.

Other times, when eating is an occasion, chains aren't available or you just want to try something new, it's useful to know what other people have enjoyed and recommend.

That's where we hope to come in.



With your help, we want to create a list of reader-tested places to eat, from an early morning hot breakfast, to mid-morning great cups of coffee, cappuccino and espresso, to gourmet lunches overlooking vineyards, to soulful suppers on your way home after exploring. We'd love you to share your finds!

See the top of the column to the right, for more...



Help us build a good restaurant directory!

Which are your favourite restaurants near the Niagara Escarpment from Niagara Falls to Manitoulin Island? And why? Send your recommendations to editor@NEViews.ca! You can include your name or remain anonymous.

Here are some that we think you should consider:

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Coming Events

For more events go to www.NEViews.ca

Sept. 6-8 **Georgetown Fall Fair**, Georgetown Fairgrounds.
georgetownfallfair.ca

Sept. 7 **Christie Antique Show**, Hamilton.
conservationhamilton.ca 905.525.2181

Sept. 8 **Drum Circle**, Willow Park, Norval. willowparkecology.ca

Sept. 8 **Feast of Fields**, Cold Creek Conservation Area, King Township.
feastoffields.org, 905.859.3609.

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Sept. 10 **Learn to Run Clinic**, Feet in Motion, Georgetown.
feetinmotion.ca 905.877.3201

Sept. 13-15 **Acton Fall Fair**, Prospect Park, Acton. actonfair.ca

Sept. 13-15 **Willowbank Stone Festival**, Queenston.
willowbankstonefest.com 905.262.1239

Sept. 14 **Festival at Fort Willow**, Historic Fort Willow, Springwater Township. nvca.on.ca 705.424.1479

Sept. 14 **neob Lavender's Niagara Garlic & Herb Festival**,
Niagara-on-the-Lake neobboutique.com 877.320.6362

Sept. 14-29 **Niagara Wine Festival**,
Niagara Region. niagarawinefestival.com



Sept. 15 **Telling Tales Festival**, Westfield Heritage Village, Rockton.
tellingtales.org 905.525.2181



Sept. 17 **Localicious Experience Launch Party**,
Art Gallery of Hamilton.
downtownlocalicious.org
905.523.1646

Sept. 19-21 **Wainfleet Fall Fair**, Wainfleet. sites.google.com/site/wainfleetfallfair/

Sept. 20-Oct. 6 **Localicious Experience**, downtown Hamilton.
downtownlocalicious.org 905.523.1646

Sept. 22 **Eduard Klassen Concert**, Knox Presbyterian Church, 44 Main St. N., Acton. The Paraguayan Folk Harpist and speaker, who has performed 3,500 concerts in 23 countries, is appearing at 2 pm. Plan to attend this entertaining afternoon of instrumental Christian music. Free Will offering. Light refreshments following. 519-856-2177

Sept. 28-29 **North of 89 Studio Tour**, Orangeville. northof89.ca



Sep 28, 29, Oct 5, 6,
Caledon Hills Studio Tour,
Caledon. CaledonHillsStudioTour.com
519.927.5894

Oct. 5 **International Flavours** – A Taste of Downtown Georgetown.
downtowngeorgetown.com

Oct. 5 **Pioneer Day!** Main St., Jordan Village.
museum@lincoln.ca 905.563.2799x292



Oct. 11-14 **39th Ball's Falls Thanksgiving Festival**,
Ball's Falls Conservation Area, Jordan.
ballsfalls.ca 905.562.5235

Oct. 12-14 & 19-20 **Fall Into Nature**, Conservation Halton,
Halton Region. fallintonature.ca

Oct. 21 **Waste Not – Want Not/Fall Harvest Event**,
Norval. willowparkecology.ca



Oct. 24 **Leading Edge 2013**, Country Heritage Park, Milton. escarpment.org

Oct. 25-26 **Haunted Halloween**, Westfield Heritage Village, Rockton.
conservationhamilton.ca 905.525.2181

Oct. 26 **Masquerade on Main Street**, downtown Georgetown.
downtowngeorgetown.com

Oct. 26 **Spooky Spaghetti Dinner**, Caledon Community Complex, Caledon East. Caledon East Revitalization Committee

Oct. 27 **Pumpkin Sunday**, Westfield Heritage Village, Rockton.
conservationhamilton.ca 905.525.2181

Oct. 27 **Trick or Treat on Mill & Main Street**,
downtown Acton. downtownacton.ca 519.853.9555

to Oct. 31 **Healthy Hikes Challenge**, HealthyHikes.ca

to Nov. 3 **Shaw Festival**, Niagara-on-the-Lake.
shawfest.com 1.800.511.7429

Nov. 14-18 **Fabulicious**, Niagara-on-the-Lake.
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View of Land Conservation: Walk With Us in Nature

By Bob Barnett Photos courtesy of Escarpment Biosphere Conservancy

Escarpment Biosphere Conservancy (EBC) invites you to "Walk with Us" at 16 places that are open to the public. They are on the Bruce Trail, the Ganaraska Trail or on Manitoulin Trail properties. Here we share the locations and features of eight of these walks.



▲ The Mad River winds through mixed forest.

At EBC's nature reserves

1 Glencairn Conservation Area and the Mad River: From the Conservation area right in Glencairn on Webster Road, you can follow the River east about two km to the Third Concession along the Ganaraska Trail. The River oxbows its way through mixed forest and seems miles away from civilization.

2 Saugeen River Trail, Hanover: Just west of town the South Saugeen joins the main River at a big island included in our nature reserve. Follow the old train route south of Highway 4 beside our reserve and see families out for a stroll and paddlers enjoying a quiet stretch of river.

3 Pottawatomi River in Owen Sound: You can follow the River west of Nichol's Gully Road past the rapids on our reserve about a km to the bowling alley. Further upstream is Jones Falls on the Bruce Trail, which is pretty spectacular in the spring. There is no marked trail on our property, so you're really off in the giant hemlocks.



▲ A quiet stretch of the Saugeen River.

At EBC's reserves on the Bruce Trail

4 Nottawasaga Bluffs above Duntroon: Park in EBC's lot at Blue Mountain km 35.9 on County Road 91 west

of Duntroon and just east of the proposed new quarry. The trail winds north around our reserve before you reach Nottawasaga Lookout Park. On the south side of the road, make sure you see the Bruce Trail's Duntroon View side trail.

5 Beaver Valley at Graham Hill Road: Park at km 72.8 and walk south over Walter Ten Cate's trail easement with EBC. There are Escarpment outcrops and several Beaver River tributaries through this deep maple forest.

6 Rural Roots west of Wiarton: Tom Ashman and Dee Cherrie welcome you to this Bruce Trail side trail on County Road 13. This beautiful property has been saved from the quarries through an EBC conservation agreement and trail easement. After visiting their dramatic Escarpment outcrops and the wetland above, you may wish to look at the big holes next door where decorative stone is shipped off to Toronto.

7 Cape Chin via the Martin Reserve: Park on the Cape Chin North Road at the turn at km 104.6 and walk 800 metres south until you reach EBC's reserve. After



▲ View from the Bruce Trail's Duntroon View Side Trail

the hardwoods you enter the cedar forest around the big beaver dam which you follow on the south side before leaving our property about 1 ½ km later. The trail then heads out to Cape Chin.

8 Cape Chin via the Schulz Reserve: Park at km 105.2 on the North Cape Chin Road and follow the trail north past our Schulz Reserve donated to honour the memory of Benjamin Schulz. This cliffside trail has several

vistas over the scree and Georgian Bay. You can loop back to your car on the Bard Side Trail. **NEV**

Next time we'll describe the other eight walks. Or contact us for more information about all 16 walks.

Bob Barnett of Escarpment Biosphere Conservancy can be reached through www.escarpment.ca or rbarnett@escarpment.ca or 888.815.9575.



▲ A deep maple forest with great views of Beaver Valley.



▲ The Martin Reserve has cedars around a big beaver dam.

Political Representatives

Listed by riding



Bruce-Grey-Owen Sound

Welcome to
Bruce and Grey Counties. I hope you enjoy the many sites and attractions we have to offer.



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Kevin Flynn, MPP
Oakville



Do you have a question or concern relating to the provincial government? Please don't hesitate to contact me at my community office—we're here to help.

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Oakville, ON L6L 1H3
905.827.5141
kflynn.mpp.co@liberal.ola.org
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Do you have a question for our politicians?

Send it to editor@NEViews.ca and we'll see if they'll give an answer!

NIAGARA ESCARPMENT Views





The seeds of our future are taking root right now, for better or worse. This page shares better, forward-thinking ideas and celebrates significant environmental achievements that can help us lead the way in creating the Niagara Escarpment as a healthy, sustainable example of a thriving World Biosphere Reserve.

PARK, HIKE & DINE AT HALTON COUNTRY GOLF

Halton Country Golf of Milton, which has direct access to the Bruce Trail, Hilton Falls and the Philip Gosling side trail, offers vehicle parking for \$10. After the walk, hikers can apply the cost of parking to their meal at the pub inside the main building.

TOWN OF HALTON HILLS WINS NATIONAL MUNICIPAL ENVIRONMENT AWARD

The Canadian Association of Municipal Administrators has recognized Halton Hills for its "Sustainability Implications Worksheet" in the 20,001 to 100,000 population category. The purpose of this award is to encourage the commitment of a municipality to environmentally sustainable governance, protecting the environment and combating climate change.

SHARE BIKES AT SLÁINTE IRISH PUB

Hamilton's Sláinte Irish Pub offers a Tour the Tour bikeshare program until Sept. 29. Hybrid bicycles and safety gear are available for free to tour the downtown area as well as trails along the Escarpment.

VINEMOUNT SWAMP LAND PROTECTED

By donating land to the Hamilton Conservation Authority, the Ferro family has secured permanent protection of 30 acres of land in the environmentally significant Vinemount Swamp, which is the biggest natural forest south of the Niagara Escarpment near Hamilton.



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